



♥ Kombucha LOVE ♥

intention . activate . love . health . joy . consciousness . oneness . awaken
blessing . pyramid . crystal . light . 144000

✓ **Your Delivery:**

- ♥ K-LOVE MINI Scoby Baby 3-4" diameter x 1/8"-1/4" thick + 6oz (180ml) Enzyme Peel Solution
- ♥ K-LOVE 8oz (240ml) Enzyme Peel Solution
- ♥ K-LOVE 16oz (480ml) Enzyme Peel Solution

✓ **Harvest Date:**

Refrigeration Date: 14 days after harvest date **Expiration Date:** 90 days after harvest date

Welcome to the fabulous probiotic world of “**live**” Kombucha! We affectionately call it, “Boocha or K-LOVE”. It is critical to use fresh “**live**” Kombucha, to gain the full probiotic bacteria, enzyme and peeling effect. Refrigeration of Kombucha causes it to become partially dormant. We avoid refrigeration by providing small fresh batches and babies for skin treatments. The PH of K-LOVE will create a gentle acid peel, dissolve dead skin cells, and the cellulose “nano-structures” help to fill in fine lines and wrinkles. Wonderful for sensitive or irritable skins.

Ingredients: purified water, saccharum officinarum (sugar cane)*, camellia sinensis (black tea)*, camellia sinensis (green tea)* + LOVE (*= organic). Contains small amount of caffeine and organic sugar.
100% organic . vegan . non-gmo . no animal testing . no wheat, soy, dairy, nuts . earth-friendly ♥

K-LOVE Storage Directions + 11 Steps of Boocha

- 1-2oz K-LOVE Enzyme Solution per treatment, 1/2 K-LOVE Scoby Baby per treatment. Do not re-use any Kombucha that has been used in treatment for any reason, always use fresh K-LOVE.
- Upon arrival check harvest date, you have 14-18 days until refrigeration from the date harvested. We add a hint of revival solution before shipment to keep your K-LOVE fresh, thriving and healthy.
- Transfer into a glass jar (NO plastic, metal or ceramic toxic for long-term storage). Do not use soap on the glass jar, use boiling water to clean before use. We recommend glass canning jars 8oz - 32oz wide mouth/wide body, to store your K-LOVE, check our store to buy a re-useable jar for your K-LOVE.
- Until refrigeration date keep a paper towel with latex-free rubber band around the top of your Kombucha jar.
- Refrigeration date put on jar lid and refrigerate in-between uses, ideally use fresh Kombucha non-refrigerated for best results, when they are placed in the refrigerator they become partially dormant. K-LOVE will be more active the quicker you use it after refrigeration. Ask about “revival solution” to keep your baby going!
- Expiration date is the recommended date to throw away your K-LOVE, or order revival solution.
- Brewing with your K-LOVE scoby baby or K-LOVE enzyme solution, professionals make sure your insurance policy covers handmade products. See our Brewing Directions.
- K-LOVE Revival Solution keep your last batch going by adding revival solution to your jar.
- Shipping in summertime do not allow your K-LOVE to get exposed to too much heat! Don't fret your package is insured ☺ Temperatures over 90 degrees can harm or turn your boocha bad!
- Storage keep in a dark place in 70-90 degrees fahrenheit, away from direct sunlight, allow it to be still in-between uses, boocha does not like to be shaken or disturbed until necessary for a treatment. The warmer it is the faster it ferments.
- Mold if you ever see black, blue or green fuzzy mold dispose of your Kombucha immediately. Each batch is quality checked before packaging.

⊗ DO NOT re-use any K-LOVE that has been used in treatment for any reason. Always use fresh live K-LOVE.
Copyright property of Jessa Skin LLC 2016 all rights reserved . www.jessaskincare.com . hotline: 415-272-3398



♥ Kombucha LOVE “K-LOVE” Spa Protocols ♥

intention . activate . love . health . joy . consciousness . oneness . awaken . blessing . pyramid . crystal . light . 144000

Boocha Enzyme Facial Peel

♥ 1-2oz K-LOVE Enzyme Solution

Directions: Clean the face with cleanser.

Option 1: Mix K-LOVE Enzyme Solution with sunflower creamy cleanser (recommended) and 1/8th tsp of pumice or jojoba beads, massage for 1 minute, steam for 5-10 minutes. Remove with warm towel.

Option 2: After steam and extractions, do a K-LOVE Peel soak 4x4s in fresh K-LOVE Enzyme Solution, open up (2) soaked 4x4s cover the upper and lower half of face, take one 2x2 soaked to cover the upper lip. Allow it to sit 8-11 mins, leave residue on the skin and apply mask or massage oil.

Boocha Foot / Hand Peel

♥ 4-6oz K-LOVE Enzyme Solution

Directions: Soak feet or hands in pure K-LOVE Enzyme Peel Solution for 11-22 minutes. Rinse or remove with warm towel.

Boocha SCOBY Puree Peel

♥ 1/2-1 whole K-LOVE Scoby Baby

♥ 1-2oz K-LOVE Enzyme Solution

Directions: Place 1/2 of your K-LOVE Scoby Baby and just enough K-LOVE Enzyme Solution to create a paste (about 1-2oz solution per 1/2 of a boocha baby) in the blender and pulse until smooth. Add a teaspoon of sunflower oil and a tablespoon of organic herbal mask for additional benefits. Allow it to sit for 8-11 minutes, remove with soaked 4x4s or a warm towel.

Boocha Clay/Organic Herb Mask

♥ Jessa Clay Mask or Organic Herbal Mask

♥ 1-2oz K-LOVE Enzyme Solution

Directions: Combine K-LOVE Enzyme Solution with the Jessa Clay or Organic Herbal Mask until you've formed a paste. Apply to the face, cover with soaked 4x4s, and let it sit 8-11 minutes. Remove with soaked 4x4s or a warm towel.

Boocha SCOBY Enzyme Peel

♥ K-LOVE Large Scoby, 1/8th inch or less thin

Directions: Place the entire K-LOVE Large Scoby directly over the face, cut holes for face nose and mouth with brow scissors, let it sit 8-11 minutes. Do not remove left over solution begin next step in facial.

Boocha Facial + Body Toner

♥ 1-2oz K-LOVE Enzyme Solution

Directions: Soak 4x4s in fresh K-LOVE enzyme solution, wipe down, then dab face or body, and allow it to dry.

Sensitive Skin Boocha Treatment

♥ 1-2oz K-LOVE Enzyme Solution

Directions: For sensitive or irritable skins, dab on allow to dry 1-2 applications a day on problem areas. Recommended to apply the Jessa 10% Oxygen + Sunflower Elixir, just a few drops, enough to sink in completely, on top of dry K-LOVE for skin flare ups.

Boocha Bath or Shower Time 🐣

♥ 6-8oz K-LOVE Enzyme Solution

Directions: Make sure bath water is not scalding hot, warm is best for keeping your culture alive. Dispense small amounts of K-LOVE Enzyme Solution and massage onto skin, allow it to sit 2-5mins, before submerging into the bath or rinsing in shower. Pour 4oz of extra solution per bath, after massaging the skin and allowing it to sit, soak for 11-22 minutes.

Boocha Hair Tonic

♥ During Bath Time or Shower Time

♥ 1-2oz K-LOVE Enzyme Solution

Directions: Apply as last rinse before leaving the shower, only a small amount is needed, do not over apply. Squeeze excess from hair but allow it to remain in the hair. The mild smell will completely disappear as the hair dries. Comb hair as it dries to prevent tangles, hair will be super soft and shiny!

Ⓢ DO NOT re-use any K-LOVE that has been used in treatment for any reason. Always use fresh live K-LOVE.
Copyright property of Jessa Skin LLC 2016 all rights reserved . www.jessaskincare.com . hotline: 415-272-3398

♥ Kombucha LOVE “K-LOVE” Brewing Directions ♥

intention . activate . love . health . joy . consciousness . oneness . awaken . blessing . pyramid . crystal . light . 144000



♥ Stainless Steel (8-16 Quart) Pot. Flash sterilize container with boiling water, swish a small amount of boiling water in container and dump out right before use.



♥ ADD 4 Quarts OR 1 Gallon of water (use a 10-stage carbon filtered or distilled water), heat until boiling.



♥ ADD 1 ¼ Cup Organic Cane Sugar, stir until completely dissolved about 1-2 minutes.



♥ ADD 5 Organic Tea Bags we recommend (Green OR Black Tea), more caffeine makes the scoby grow faster black is the best. Boil for 2 minutes. Allow them to steep for 8 minutes. Remove bags.

♥ COOL to room temperature, temperature must be less than 90 degrees when you add your scoby or starter solution!



OR



OR



♥ BREWING Container must be glass! Warning ceramic, plastic and metal are potentially toxic. We recommend canning jars or glass drink dispenser 1-2 gallon size. Clean with hot water, NO SOAP. Flash sterilize container with boiling water, swish a small amount of boiling water in container and dump out right before use.

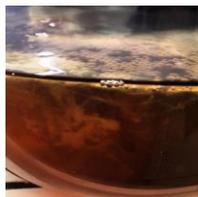
♥ POUR your K-LOVE scoby baby + 6oz of starter solution into your brewing container, alternately use 8oz of K-LOVE live culture per gallon, with no scoby. Label your container with a Start Date and Harvest Date.



♥ COVER your K-LOVE with a few layers of paper towels OR old pillow case/t-shirt freshly laundered, thick but breathable, that way no pathogens get through. Use a large latex-free rubber band OR painters tape to seal the jar shut.

♥ STORAGE put your K-LOVE in a dark place, no direct sunlight, in temperatures of 70-89 degrees, too cold won't grow your culture, too hot will kill the culture. Do not shake or disturb your culture it will grow slower.

♥ HARVEST after 6-10 days, use nitrile gloves or very clean hands to remove the scoby and 6-12oz of solution. Pour the rest of your brew in glass canning jars, you may place cloth or paper towels over the tops with latex-free rubber bands for another 7-10 days which allows you to drink “live” Kombucha all the time!



♥ REFRIDERATE if you go 10 days past the harvest date, put the lid on your jar, then refrigerate for up to 90 days, throw away brew after 90 days, you must keep everything clean to preserve your boochu. If you are drinking straight from the storage container you are contaminating your brew for example. Refrigerating your Kombucha causes it to go partially dormant, drinking it live is best ☺

Copyright property of Jessa Skin LLC 2016 all rights reserved . www.jessaskincare.com . hotline: 415-272-3398